



THE HULL & EAST RIDING KARATE ACADEMY

Certificate of Achievement 2017

Sporting Excellence in Karate

National Level

Francis Tiplady

This is to certify that Francis Tiplady is a member of the Hull & East Riding Karate Academy Elite Squad and has achieved the standard of Sporting Excellence in Competition Sport Karate in both Kata and Kumite. Francis competed at National Championships throughout England in 2017 winning the medals and titles listed below:-

Championship Success - 5 Gold 3 Silver 2 Bronze

Shindo Kai Karate Championships - 12th March, Barnsley

Gold - Individual Kata

Gold - Pairs Kata

Silver - Team Kata

Shindo Kai Karate Championships - 2nd July, Barnsley

Gold - Individual Kumite

Gold - Individual Kata

Gold - Pairs Kata

Silver - Team Kumite

Silver - Team Kata

North of England Championships - 22nd October, Sheffield

Bronze - Individual Kumite

Bronze - Team Kata

Congratulations on your sporting achievements throughout 2017. Well done Francis.

Sensei Wayne Clarke 3rd Dan

Head Coach - The Hull & East Riding Karate Academy

